

**Helmet Policy****Document Classification:** Policy**Associated Documents:** None**Document control:**

Implementation	Date: May 2023
Next Review by Board	Date: May 2024

**POLICY purpose:**

This policy provides the board of directors and committee members with the guidelines for the use of helmets in skating programs.

**POLICY scope:**

This policy applies to the board of directors, committee members, and club members of the Rideau Skating Club.

This policy is presented for acceptance at the time of registration.

**POLICY statement:**

Rideau Skating Club adheres to the Skate Canada's helmet use policy. The helmet use policy is outlined on the Skate Canada website ([www.skatecanada.ca](http://www.skatecanada.ca)) in the Safe Sport Guide.

The full Safe Sport Guide can be found at the following link.

(<https://info.skatecanada.ca/index.php/en-ca/guides/50-guide-to-safe-sport.html>)

- Skaters working STAGE 5 and below, as well as skaters in the CanPowerSkate program, MUST wear a CSA approved hockey helmet with a valid expiry date.
- Skaters working on STAGE 6 or higher may choose to continue to wear a helmet at their discretion. The skater, parent/guardian have the final say as to whether or not the skater will or will not wear a helmet.
- Skaters, regardless of age, who lack good control/balance when skating forward, backwards and have difficulty stopping, as well as maneuvering around obstacles on the ice are required to wear a CSA approved hockey helmet.
- The helmet policy is not optional for clubs. Failure to meet the Skate Canada helmet policy, in programs that require a helmet, will result in the skater being refused entry to the ice surface or being escorted off of the ice.